



Variable high cloudiness; mostly sunny.
Little change in temperature

ALPINE ECHO

Serving a Growing Area of Homes and Ranches

AREA POPULATION



Alpine	3076
Campo	1236
Descanso	776
Guatay	200
Harbison Canyon	720
Jamul	952
Pine Valley	956
Total	7936

Artesian Well At Descanso

LOCAL CHILDREN TO GIVE CHRISTMAS GIFTS AT PARTY

This year our children will follow the true spirit of Christmas—that it is more blessed to give than to receive.

In following this spirit the P.T.A. Christmas committee is asking that instead of "receiving" presents at the Christmas party December 19, all the children in the school participate in "giving" gifts of food for needy families here in our area.

SELECT NEW SCHOOL SITE

California State authorities have approved an area of approximately ten acres in size at the southern boundary of Galloway Valley for the proposed construction of the new Harbison Canyon School. The site presents a beautiful wooded setting extending from Harbison Canyon Road to the western ridge of hills. Surveyors are attempting to lay out the area in such a way as to preserve the excellent trees on the property.

Two appraisers representing the school district are in the process of determining the market value of the land. Superintendent Clyde T. Gilley reports that information which has been assembled during the past four months and evaluated by the school board is rapidly falling into place and will soon be ready for presentation to the public.

Science Column Weekly Feature

Four out of 10 newspapers are devoting twice as much space today to science news as they did a year ago when the Russians launched the first Sputnik.

This trend toward widespread dissemination of scientific information is commendable in our opinion. Consequently, the Alpine Echo is beginning a Science Column in this issue as one of its weekly features. We hope it will appeal to readers of all ages but is particularly directed to the pre-college student interested in science.

SIZE AND AGE OF UNIVERSE

The universe is between seven billion and 13 billion years old, according to estimates deriving from studies with the 200-inch Mount Palomar telescope. While the possible age range is still far from exact, this most recent estimate gains considerable weight because for the first time astronomic evidence agrees with geologic. Ira S. Bowen, Ph.D, director of Mount Wilson and Palomar Observatories, said that in the next five years he and his colleagues hope to establish the size of the observable universe

Continued on Page 3

Classified Ad Pays

A classified ad in one issue of the Alpine Echo was responsible last week for the sale of a two-acre homesite by Mr. Don Bates, local realtor.

The property is located on Midway Drive and was sold to Mr. Kenneth B. Sutfin, who expects to build a home in the near future.

An artesian well producing a phenomenal supply of water has just been completed at the D. D. Williams Ranch on Bell Bluff Truck Trail near Descanso. Tom Nichols, Alpine well driller who drilled the well, states that the shaft is an eight inch hole to a depth of 325 feet. It will produce an excess of 60 gallons per minute. Water flows over the surface of the ground at a rate of 3 to 4 gallons per minute. These volumes have been checked and confirmed several times. The rate of flow varies between night and day as is characteristic with artesian wells. Several strange occurrences have been reported since the development of the new well. A spring has appeared about one-quarter mile from the well which was unknown before. A small lake on the Williams Ranch has risen six inches although it has received no run-off nor drainage.

Pasture Conditions Below Last Year

Present conditions indicate the supply of range and pasture feed for winter grazing in the western region will be slightly below last year.

Dry weather over most of the area in October reduced earlier prospects for winter grazing, except in Texas, New Mexico and Arizona where winter ranges are the best since the 1940's.

Winter storms of mid-November will likely alter feed conditions to some extent, but it is too early at this time to evaluate the new condition of feed and ranges.

Cattle and calves were maintained in good to very good condition, despite the dry, dusty feed over much of the range area. Sheep conditions on Nov. 1 were slightly below that for a year earlier, except in Texas, New Mexico and Arizona where grazing conditions were good.

Three Pine Valley Homes Burglarized

Three residences at the Corte Madera Ranch near Pine Valley have each been burglarized of several hundred dollars worth of valuables.

Owners of the houses are William S. Kelley of 691 San Fernando St., San Diego; Michael Belcher of Davis, and Robert D. Neale of 338 W. Thorne St., San Diego.

NATIONAL PREPAREDNESS NEED IS EMPHASIZED

"Peace Through Preparedness"—the slogan of the Office of Civil and Defense Mobilization emphasizes the extreme need for nationwide preparedness. One of the greatest ways to discourage a nuclear attack is to let the enemy know that each American is well educated and trained in the means of survival.

The attention of all Americans is called to "National Civil Defense Day"—Sunday, December 7th—an observance symbolizing the need for nationwide preparedness.

In keeping with this need, San Diego recently installed eight new 10-hp sirens, making a total of 87 sirens in the area.

The installation of these new sirens is made necessary by San Diego's ever-expanding population and newly built-up areas. The Federal government pays 50 per cent of the cost of purchasing and maintaining civil defense equipment.

Alpiners Make Bus Trip To Hollywood

A group of Alpiners left early Wednesday morning, November 19, on a bus bound for Hollywood where they spent a very entertaining day.

They saw Cinerama's "South Sea Adventure," Art Linkletter's House Party, Farmer's Market, and had a delicious dinner at Knott's Berry Farm.

Those who took this trip, sponsored by the Ladies Guild of the Alpine Community Church, were: Mr. and Mrs. Isaac Chutor, Mrs. Eve Coppock, Mrs. Beulah Ford, Mrs. Sally Nixon, Mrs. Katherine Black, Mrs. Clyde Gilley, Mrs. Ethel Bennett, Mrs. Callahan, Mrs. Ethel Barrett, Mrs. Alice Godfrey, Mr. and Mrs. Marian Wilson, Mr. and Mrs. Fred Rohr, Mrs. Amanda Bauer, Mrs. Samuel Worley, Mrs. Marian Aston, Mr. John Reynolds, Mr. Duke Munsey, Mrs. May Stoddard, and Dr. Roger Larson.

Injured Boy On Road To Recovery

This past week-end, Bobby Rowan, 14 year old son of Mr. and Mrs. Ed Rowan of Victoria Drive, Alpine, was severely injured when he fell 45 feet from a cliff. Bobby and three companions, Tommy Dunn, Don Wilson and Dennis Chynoweth, were hiking in Peutz Valley about a mile north of the McDermott Ranch. Bobby suffered compound fracture of his right arm as well as other injuries.

The Sheriff's Office tried to arrange for a rescue by helicopter but decided that the steep cliff would be too hazardous. A jeep with four-wheel drive was finally obtained to carry Bobby over the rough terrain in an ambulance basket. The rescue operation took about three hours. As we go to press Bobby is recovering nicely and is expected home from Grossmont Hospital about Sunday.

UNUSUAL CIVIL DEFENSE TEST

Residents of the Vallejo-Fairfield area of Solano County are going all out in their effort for "preparedness."

December 6-7 1500 people of this area will evacuate overnight by private car caravan to Chico in Butte County—130 miles away. California Highway Patrolmen will accompany the caravan. All the evacuees will be guests of Chico families.

This unusual and ambitious Defense undertaking, called "Operation Chico," is to test Chico's reception center plan.

Statistics On

U. S. Population

The estimated U. S. population has reached 175 million, increasing by one every 11 seconds.

This represents the average net change resulting from a birth each 7½ seconds, a death each 20 seconds, arrival of an immigrant each 1½ minutes, departure of an immigrant each 20 minutes.

Births declined 40,000 in the first eight months of this year compared to the same period in 1957. Marriages were down 108,000 compared to last year. Estimates for the year are marriages 1.48 million, births 4.22 million—more than in any year except 1957.

Political Power Shifts To West

The biggest shift in U. S. population and political power is in the West.

After the 1960 census, it is expected that the 17 Western states, plus Alaska, will gain 11 seats in the House of Representatives. Western states gained seven seats after the 1950 census.

This gain by the West is to be at the expense of the Southern states, which will have lost five seats in 20 years, and the Northern states, which will have lost 13.

When Alaska's two new Senators take their seats in January, the West will hold 36 Senate seats out of 98.

McCoy Reports Sale

Hugh L. McCoy Real Estate reports that 10 acres on Foss Road belonging to Mr. and Mrs. Leonard has been sold to Mr. and Mrs. George Gordon.

McCoy also negotiated a trade between Guy Lidestone and Mr. and Mrs. Ralph Rose of Chula Vista. Mr. Lidestone traded his three-bedroom home and 11 acres on Highway 80 for a three-bedroom home in Chula Vista belonging to Mr. and Mrs. Rose.

Donations To Ellis Memorial

Donations to the Ellis Memorial Fund have been made by Mrs. Hook and her son, Lester, of Campo; Granville and Molly Martin of Descanso; and Mr. and Mrs. Ed Orborn of Pine Valley.

Also the Intermediate Girl Scouts of Alpine intend to plant flowers at the Ellis Memorial site, and keep them blooming continuously.

New Lutheran Church

The Alpine Lutheran Church will hold their first worship service Sunday morning December 14 at 10:45 at the Woman's Club. The pastor is Rev. Charles Tedrahn of El Cajon.

Until the church has become organized and teachers are obtained, there will be no Sunday School until after the first of the year. Anyone wishing more information may call Mrs. Mary Westfall, HI 5-3884.



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ALPINE ECHO

An Independent Weekly Newspaper
Published in Alpine, California, San Diego County

TELEPHONE HICKORY 5-2616

Paul J. Nichols Editor and Publisher

Mailed at the Post Office in Alpine, California
ALPINE ECHO, POST OFFICE BOX 8, ALPINE, CALIFORNIA

Editorial

Have you noticed the large number of Japanese articles available in the stores now? There are numerous inexpensive tools and household items with a lot of consumer appeal competing for the American dollar. These products are attractively packaged and appear to be bargains alongside the "MADE IN THE UNITED STATES" goods.

Two such items were recently purchased. One was a pair of wire cutters with blued-steel handles and polished steel jaws. The first day these were used to cut a few pieces of rusty American fence and baling wire the cutters exhibited deep pits.

The second item was a set of small socket wrenches. The size was beautifully etched on the side of each socket. But when the quarter-inch socket was applied to a sturdy American made quarter-inch bolt, the socket slipped around the bolt head with the slightest pressure. The quarter-inch socket did fit a 5/16 inch bolt, however—almost. The 7/16 inch socket was also a bit too large, but a little small for a half-inch bolt. Actually, it was cleverly engineered to fit a 31/64 inch bolt precisely—probably.

Well, both of these items proved to be false economy and will, in all probability, soon be on their way back to Japan as scrap metal. We'll return it in a pile and soon have it back again in a package.

Brief Notes On Business

SMALL CARS: Big Three automobile manufacturers are reported to be getting set to bring out new lines of small cars next year . . . New '59 foreign cars will have more space for passengers inside same small body, brighter colors with more two-tones, little more power to take them over more hills without shifting, more safety features . . . Airplanes now carry as many passengers across the Atlantic as ships . . . Mechanization of the postal service is moving along fast and should result in faster mail service . . . A survey suggests four motorists out of every ten probably are driving cars equipped with unsafe tires . . . Some furriers report mink has lost its allure as symbol of wealth and luxury and now accounts for about half of all fur sales . . . National debt has topped \$280 billion and appears on its way to a new all-time high.

SHORT TAKES: Americans will give \$7 billion for favorite philanthropies this year. Despite recession earlier this year, giving to schools, churches, and welfare agencies will set new record . . . Many manufacturers, worried over continuing price rises, are stripping away some of the luxury touches on their products . . . Value of farm land continues to rise. Values are up 5 percent in a year . . . Tax changes: 5 percent excise tax on garbage incinerators, 10 percent on record players for your hi-fi set . . . Forecasts for housing starts in '59 range from 1.1 million to 1.2 million. Current level is about 1.2 million—highest in three years . . . Coming soon: A new auto battery with individually replaceable cells, so you won't have to replace entire battery when one cell goes bad.

CHURCH Services



- ALPINE COMMUNITY CHURCH** — Roger M. Larson, Ph.D., Pastor; HI 5-2110
 Sunday School For All Ages 9:45 A. M.
 Morning Worship Service 11:00 A. M.
 Pilgrim Fellowship (For Youth) 7:00 P. M.
 Church Guild, Fuller Hall Every Wednesday 9:00 A. M.
- ST. PHILOMENA CATHOLIC CHURCH**—Fr. Joseph deCristina, Pastor; HI 5-2145
 Sunday Masses 8:00 and 10:00 A. M.; 6:30 P. M.
 Daily Mass 8:00 A. M.
 Receive Confessions Saturdays 4:30 to 5:30 P. M.; 7:30 to 8:30 P. M.
 Religious Instruction for Children Attending Public Schools:
 Harbison Canyon 11:00 A. M. Saturdays
 Alpine 1:30 P. M. Saturdays
- BAPTIST CHURCH** — Rev. James C. Arnold, Pastor; CY 8-3768
 Sunday School For All Ages 9:45 A. M.
 Morning Worship Service 10:55 A. M.
 Evening Worship Service 7:30 P. M.
 Prayer Service Wednesday Evening 7:30 P. M.
- CHURCH OF GOD—BETHEL ASSEMBLY** —Rev. Ruth Copeland; HI 3-3239
 Sunday School For All Ages 9:45 A. M.
 Morning Worship Service 11:00 A. M.
 H. O. A. 6:30 P. M.
 Evangelistic Sunday Night Service 7:30 P. M.
 Prayer Service Wednesday Evening 7:00 P. M.
 Colored Bible Slides Third Sunday Evening Of Each Month
- CHAPEL OF THE HILLS, Descanso.** Rev. Mr. Wallace L. Truman; HI 5-3628
 Sunday School, for all ages 9:45 A. M.
 Morning Worship 11:00 A. M.
 Youth Fellowship 6:00 P. M.
 Prayer 9:00 A. M. Wednesday
- BLESSED SACRAMENT CHURCH, Descanso** — Fr. Tullio Andreatta, Pastor;
 HI 5-3620
 Sunday Mass 9:00 A. M. For week day Mass call rectory
 Holy Days Mass 7:00 A. M. Confessions heard before all Masses

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Radioactivity In Food Tested

Certain foods are building up radioactivity, but so far all are well below the human tolerance level, according to Food and Drug Administration scientists who have completed a two-year test on vegetables, seafood, dairy products, tea, and miscellaneous items.

FDA cleared vegetables, meats, bread, and fruits, finding there was little or no increase in their radioactivity since 1945, when explosions of atomic and hydrogen bombs began.

Radioactive content of tea was found in some cases 30 times greater than in 1945, but because brewing extracts (from the leaf), only 17 percent of the contamination, tea "as usually consumed" is not dangerous.

There was "no increased trend" of radioactivity in shrimp, lobster, and crabs, but higher content in miscellaneous fish varieties and oysters and clams, and "statistically significant" increases were noted in dairy products.

Because food products contain varying small amounts of natural radiation, one of the problems in the tests was to obtain samples of food produced prior to 1945 for comparative purposes.

At the start of the tests FDA made a public appeal for samples 10 years old. Nearly 1000 were submitted, from private homes, from the food industry, and even some from the caches of the Shackleton and Byrd Antarctic expeditions dating back to 1906.

CHURCH ACTIVITIES

Mrs. Ruth Copeland, pastor of the Bethel Assembly of Alpine, reports that last week the Hi-CA's enjoyed a party at the James Jackson house, after which they went on a sight-seeing trip through the mountains. She also announces that the third Sunday night of each month, an illustrated sermon is presented with the aid of beautiful colored slides.

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Suggested Tips For Buying Toys

Now that we're in the market for toys again, it is well to remember a few definite rules. Do keep in mind the age of the child you are buying for. Buy constructive toys that teach as well as entertain. Avoid playthings with sharp edges, paint that comes off or anything small enough to be swallowed.

All toys should be sturdy enough to withstand the rough treatment they are certain to get. Just in case you are in a quandry about what to buy, here are a few suggestions: for the two to three-year-old, a tip-proof kiddie car, low rocking horse, table and chairs and various size building blocks; for the three to four-year-old, a pint size telephone, broom, carpet sweeper, garden tools, doll buggy and dishes; for the four to six-year-old, blackboard and dustless chalk, simple construction set, paint and paint books, doll houses and furniture, small sports equipment and modeling clay.

The six to eight-year-old should have skates, puzzles and games, playground equipment, construction sets and approved electrical toys. Hobby materials are good gifts for the eight-year and older group of children—also musical instruments, science sets, electrical toys and arts and crafts. And do be sure to pick toys that Dad can play with, too.

Tree: A solid thing that stands in one place for 50 years and then suddenly jumps in front of a woman driver.

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Salk Vaccine To Most Countries

All major countries except France, Denmark, and Australia have purchased Salk poliomyelitis vaccine from the United States, according to export license data of the Commerce Department.

A total of 44,367,830 cc. had been licensed for export to 86 countries as of September 30, according to Herbert Socks, licensing officer of the drug section.

Of the total authorized as of September 30, England led, with 10,202,099 cc., followed by Argentina, with 6,954,041. The Soviet Union and all other Eastern European and Balkan countries have received Salk vaccine from the United States, although the Soviet Union specified that the vaccine was to be used for research and testing only.

Australia and Denmark manufacture their own Salk vaccine, as do several other countries. In France, polio has not been considered sufficiently serious to warrant imports.

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HORSE TIPS

GROOMING YOUR HORSE

Many horses like to lie down and roll right after they are unsaddled from a long ride. Let him roll, then halter him and start your grooming.

Your grooming tools should include a currycomb, brush, wool rags, hoof pick, and a mane and tail comb. These are the basics, and you can add to them as you see fit.

Use the wool cloth for cleaning out around the horse's eyes and nostrils.

Use the currycomb to "rough out" all the areas caked with grime and sweat so the hair will dry more readily. A small circular motion is recommended, leaving the hair roughed up. While this side is drying, rough up the other side.

Never curry below the knees and hocks as this is mostly hide, bone, and tendon. Mud and dirt will come off easily with the use of a wet cloth and a brush.

The rubber currycombs aren't as rough as the metal ones, but it is still well to remember to use the brush more than the currycomb. After the hair is dried out, brush with the lay of the hair paying special attention to the cinch areas.

Check all four feet, cleaning out rocks, mud, or caked matter. Check the shoes at the same time.

The mane and tail comb, usually a wide-toothed aluminum comb, should be used on the foretop, mane and tail. If your horse has a long mane, keep it well combed. If his mane is "divided," with part of it hanging on one side and part on the other, you can train it to fall all on the same side by braiding strands of wrong-side mane and hanging them on the side you choose—and tying little weights on the braided strands.

Use good judgment whenever grooming your horse. Washing or sponging mud off of your horse is not good practice on windy, chilly, or wintry days.

Descanso News

Miss Elva M. Clemow and Mrs. Kathy Faulconer of Descanso, instructors of the Ballet and Tap Dancing School, announce that a new class will open for older girls and women at 10:45 Saturday morning, November 29, at the Descanso Town Hall.

The younger girls' classes meet at 9 a. m. on Saturday mornings. Miss Clemow can be reached at HI 5-3775, and Mrs. Faulconer at HI 5-2991.

Miss Clemow also teaches private piano classes, and some of her students will give a piano recital in the Chapel of the Hills Community Church Hall in Descanso, Sunday, December 7 at 4 p. m.

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JIM GAVIN

HI 5-3779

Science Column

Continued from Page 1

and determine how much matter it contains.

SIMULATED SPACE TRAVEL

A gravity-free state, such as space explorers will have to withstand, can be simulated without exorbitant cost or difficulty in an apparatus proposed by H. J. Muller, Ph. D., zoologist at Indiana University. The mechanism would consist of a cylinder large enough to hold a human volunteer that would spin slowly in a horizontal plane.

Inside, the mock spaceman would be entirely encased in a skintight envelope and immersed in a salt solution having the same specific gravity as his body. Over his head would be a transparent helmet permitting breathing and talking but enforcing the horizontal alignment. His arms and legs would be able to move rather freely.

Dr. Muller suggests in Science that volunteers be provided with a "view" of, say, room furnishings or a window showing a skyscraper, placed so that it will have a static relation to the subject. Experiments lasting only a few hours would provide valuable advance data on individual reactions to free-fall conditions.

SAILING SPACE CRAFT

Spacemen of the future may push off for Mars in a solar sailboat proposed by T. C. Tau, Ph. D., aerodynamicist at Westinghouse Research Laboratories. It would be the cheapest, simplest, lightest vehicle for exploring space.

Made of aluminum foil or lightweight plastic, the sail would be vaster in area than the Pentagon, yet it could be propelled by less than half a pound of solar energy. It would weigh about 800 pounds, carry a gondola for payload and crew, and look something like a huge, flat-top parachute. The sailboat would be launched by rocket, but once in orbit and its sail unfurled, it would continue its journey without fuel.

A one-way trip to Mars would take 118 days, Tsu estimates—less than half the time calculated for

Pine Valley News

By ELIZABETH TAYLOR

Capt. and Mrs. Norman Wells and children, Sharon, Cynthia and Greg, were weekend guests of Mr. and Mrs. Norman Houck. Captain Wells, a member of the Flying Tigers, just returned from a four-year tour of duty in Japan.

Geoge and Elizabeth Taylor are entertaining George's parents, Mr. and Mrs. Maurice Taylor of the Hollywood Riviera in Redondo Beach, for Thanksgiving.

Thanksgiving Day and weekend visitors of Norman and Maizie Houck are Maizie's parents, Mr. and Mrs. I. H. Parkman of Buckeye, Arizona; her sister, Miss Elsie Parkman of Phoenix; their niece and nephew, Mr. and Mrs. David Woldrop and daughter, Terry of Inglewood.

Mr. and Mrs. Ken Douglass are entertaining Mrs. Douglass' mother, Mrs. Johnson.

Mr. and Mrs. C. O'Marr will entertain their daughter and son-in-law, Mr. and Mrs. Harry Snyder of Manhattan Beach for Thanksgiving Day. On the weekend they will make a trip to Holtville to visit with their other daughter.

Mr. and Mrs. W. L. Jones, Jr., had visitors Sunday. They were Jimmy K. Stroud from Kermit, Texas and Tom Havens from Houston, Texas who are both stationed on the U.S.S. Shangri-La.

Mr. and Mrs. W. L. Jones, Jr., have open house every Monday night for Bible Class. Time is 8:00 p. m. and everyone is welcome to

chemical rockets. The trip by sail would be faster, apparently, even though several weeks would be spent at each end grappling with the gravitational forces of the earth and Mars.

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CLUB Activities

The Masonic Lodge will have a potluck dinner for members and their families December 3 at Fuller Hall.

Members of the Japatul 4-H Club are planning a Christmas party to be held December 16 at the J. A. Presley home.

Members of the Alpine Woman's Club enjoyed an entertaining review of the book "Mama's Bank Account," given by Miss Verna Carson, at their meeting Tuesday. Mrs. Jean Pekary was welcomed as a new member.

The next meeting will be the Christmas party December 9, and the members are asked to bring a \$1 exchange gift, and also a "white" gift of canned food.

From now until Christmas the Alpine Cloverettes are going to be busy making clever stuffed animals for a San Diego orphanage.

The 4-H Girls are also planning to have a "White Elephant" Sale and Bazaar December 13.

Dick and Honey Wellband spent Thanksgiving Day at Borrego Desert.

Preliminary work is progressing for the Pine Valley Development. The Pine Valley Inn is undergoing remodeling and a cocktail lounge installed. All of the cabins surrounding the Inn are now being repainted.

CLASSIFIED ADVERTISING

FOR RENT FURNISHED

APARTMENT—Large Combination living room-bedroom, kitchenette and bath, all utilities furnished, \$50.00. HI 5-3730. tf

ONE-BEDROOM cottage, water and electricity furnished. \$65.00. Tel. HI 5-3730. tf

FOR LEASE—80 acres, 15 in hay. Ideal for horses. 3000 sq. ft. house; separate studio house. \$350.00 per mo. HI 5-3738.

FRIGIDAIRE electric range, last year's model. 40-in. oven with rotisserie. New guarantee. Must sell. Hellands', 484 E. Main. E.C. HI 4-1411.

FRIGIDAIRE—1958 Refrigerator, 12½ cu. ft., freezer at bottom, automatic defrost, excellent condition. Used 3 months. Take over balance. Hellands', 484 E. Main, E.C. HI 4-1411.

WANTED — Masonry, plastering, septic tank work by hour or sq. ft. Fred Yale, Route 1, Boy 440. HI 5-2098.

FOR SALE—Palomino — quarter horse stallion. Well trained. M. D. Fordyce, Rt. 1, Box 472, Japatul Valley. 12-5

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THE THREE SONS

RECIPES

Favorite Holiday Recipes

We have asked some of Alpine's good cooks to share their favorite holiday recipes with us. Mrs. Gordon Wilson is famous for the many tasty treats that come from her kitchen. Here are a few of her favorites.

Christmas Morning Bread

"This is especially good to have on hand Christmas morning."

- 1 C. Sugar
- ½ C. Shortening
- 2 Tsp. Salt
- 2 C. Scalded milk
- 2 Pkgs. dry yeast
- 2 Eggs (beaten)
- 7¼ C. Flour

2 C. Candied mixed fruit
1 C. Seedless raisins
1 ½ Tsp. Crushed Cardamon seed
Put yeast to soak in ¼ cup warm water. Mix sugar, shortening, salt, and scalded milk together until shortening is melted. Cool to lukewarm, add yeast, and eggs. Stir well, then add flour, small amount at a time. Add fruit and cardamon seed with last amount of flour. Knead well, let rise and knead again. Divide into three or four loaves, put into tins, let rise until twice the size and bake at 350 degrees for 10 minutes, turn oven down to 300 degrees and bake for 35 minutes.

Frost with the following while still warm. Combine 1¼ C. icing sugar with 2 Tabs. hot milk and few drops of vanilla. Spread over tops of loaves letting a little run down sides. You may decorate with red cherries and green citron peel if desired.

Lemon Loaf Christmas Cake

"This cake is easy to make and so good."

- 1 lb. Butter
- 2 C. White sugar
- 4 C. Sifted flour

- 1 ½ Tsp. Baking powder
- ½ Tsp. Salt
- 6 Eggs (add one at a time)
- 1 Oz. Lemon extract
- 1 Oz. Vanilla extract
- 1 lb. Pecans
- 2 lbs. Bleached sultana raisins

Mix sugar and butter together.

Add eggs one at a time beating well after each addition. Add extracts. Sift flour, baking powder and salt together; add half to first mixture; then add raisins and pecans; then rest of flour. Bake in well greased paper lined tins 200 degrees two or more hours until done.

Date Loaf

"This may be served with butter or sliced plain. Is nice to have on hand during the holiday rush."

- 1 C. Butter
- 1 C. White sugar
- 2 Eggs
- 1 Tsp. vanilla
- 1 C. pitted dates (cut in small pieces)
- 1 C. Walnuts

1 Tsp. soda and 1¼ C. flour sifted together

Mix in order given. Beat thoroughly. Add ½ C. cold water. Bake in long, narrow loaf pan at 300 degrees.

—Mrs. Gordon Wilson

Many people get credit for being cheerful when actually they're just proud of their teeth.

Fun is like insurance. The older you get the more it costs.

Most people can drink just as well sitting down as they can standing up. But few people can stand up as well after they have been drinking sitting down as they can sit down after drinking standing up.

40% Of All Deaths From Heart Disease

Heart disease continued as the nation's chief cause of mortality, accounting for 628,440 deaths, or approximately 40 percent of the 1,630,000 deaths from all causes in 1957, the U. S. Public Health Service National Office of Vital Statistics reported.

Dr. Carl C. Dauer, medical adviser of NOVS, said that deaths due to heart disease rose slightly, from 603,000 in 1956. He estimated incidence of heart disease in 1957 at about 10,000,000 cases, about the same as in 1956.

Cancer continued as the second greatest cause of death, accounting for about 15 percent of all deaths in 1957. The data for 1957 were little changed from 1956, when PHS and the American Cancer Society jointly announced mortality of 255,000 and morbidity of 700,000 (including 450,000 newly diagnosed cases).

Because reporting of heart disease and cancer is not mandatory in many states, the recent NOVS summary on incidence of notifiable diseases in 1957 contained only fragmentary data.

The summary itself noted that the incidence of streptococcal infections last year was double that of 1952 (226,973 vs. 113,677), and increased substantially over 1956. Amebiasis increased 36 percent over 1956, but NOVS commented that "this may reflect the greater use of laboratory examinations." Syphilis increased for the second straight year (136,039, vs. 131,763

Aussies Lose Cattle, Sheep in Drouth

Scorched by nearly two years of almost rainless weather, central Queensland's Barkley Tableland area in western Australia has lost thousands of cattle and sheep, estimated to be worth more than \$4 million. This is reported to be the worst drouth ever recorded in the area.

The Queensland Weather Bureau estimates that 60,000 cattle and 180,000 sheep have perished.

INCOME TAX FORMS

Forms for reporting 1958 income taxes now are being released which is a reminder that it's time to start year-end tax planning.

in 1956).

Disease that showed declines in 1957 from 1956 levels included infectious hepatitis, 20 percent; diphtheria, 23 percent; encephalitis, 20 percent; psittacosis, 50 percent. Declines were also reported for brucellosis, malaria, poliomyelitis, trichinosis, tuberculosis, and typhoid fever.

NEWSETTES

A Pledge Ceremony was held by the Gamma Gamma Sorority at their meeting Wednesday night, November 19, for new pledge, Jane Jenkins. The meeting was held at the home of Fran Hollenbeck.



Mr. and Mrs. Russell Haman and Mr. and Mrs. Ed Nixon gave a birthday dessert party in honor of Mrs. Wallace Coppock and Mrs. Isaac Chutor Sunday evening at the Haman residence.



John Bates is now working with Bud Cooper in Bud's Barber Shop, 2210 Highway 80, Alpine, which is open six days a week.

The new '59 model automobiles come in a wide combination of colors. However, black and blue is reserved for pedestrians.

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